

Frederick Farms 2.75oz Low Fat Mini Sandwich

Ingredients:

Ice Cream:[Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Cream, Whey, Nonfat Dry Milk, Maltodextrin, Stabilizer, (Mono & Diglycerides, Guar Gum, Cellulose Gum, Polysorbate 80, Carrageenan), Natural and Artificial Vanilla Flavor, Vitamin A Palmitate].

Wafer Ingredients:(Wheat Flour, High Fructose Corn Syrup, (Partially Hydrogenated Soybean Oil, Caramel Color, Soy Flour, Corn Starch, Baking Soda, Soy Lecithin, Cocoa, Salt, Natural Flavors). **CONTAINS: MILK,WHEAT,SOY.**

Nutrition Facts			
Serving Size 1 Sandwich (50g)			
Servings Per Container 1			
Amount Per Serving			
Calories	120	Calories from Fat	25
			% Daily Value*
Total Fat	2.5		4%
Saturated Fat	1g		5%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	95mg		4%
Total Carbohydrate		21g	7%
Dietary Fiber	0g		0%
Sugars	11g		
Protein	3g		
Vitamin A	10%	Vitamin C	0%
Calcium	4%	Iron	2%

updated 7-10-14sw